

WELCOME TO THE 22ND ANNUAL



5K RUN AND FITNESS WALK

Runners on Parade is the largest Summer 5k in the city of Fort Wayne kicking off the annual Three Rivers Festival Parade, and features a scenic route through the downtown district of the city. It features some of the top area runners from all levels, a fast course and some of the most enthusiastic crowds you have ever experienced. A portion of the proceeds benefits the Riley's Childrens Hospital.



\$1,000 IN PRIZE MONEY*

Open & Masters categories

\$125 TO 1ST MALE/FEMALE

\$75 TO 2ND MALE/FEMALE

\$50 TO 3RD MALE/FEMALE

* restrictions may apply to active students

UNIQUE AGE GROUP AWARDS

10 & Under, 11, 12, 13, 14, 15, 16, 17, 18, 19

20-24, 25-29, 30-34, 35-39, 40-44, 45-49

50-54, 55-59, 60-64, 65-69, 70-74, 75 & Up

REGISTRATION OPTIONS

**NO RACE DAY REGISTRATIONS
NO REFUNDS OR TRANSFERS**

ONLINE

Go to fortwaynerunningclub.org and follow the online registration link on the homepage.

Online registration closes on July 7th at 12am (Midnight). Last chance to register in-person on July 8th at Three Rivers Running Company from 2-8pm.

BY MAIL

(post mark by July 1st, 2016)

Send completed form to:
Fort Wayne Running Club
PO Box 11703
Fort Wayne, IN 46860

Make check payable to:
Fort Wayne Track Club

IN-PERSON

Drop off this completed form along with payment at **Three Rivers Running Company:**

4039 North Clinton St.
Fort Wayne, IN 46805



fortwaynerunningclub.org



rrca.org

The Fort Wayne Running Club (FWRC) is a non-profit, all-volunteer organization that strives to promote running, walking and general good health in the Greater Fort Wayne area. The FWRC is also your local RRCA-affiliated running club, which is an organization that promotes healthy lifestyles and living throughout the country through the sport of running.



RUNNER REGISTRATION FORM

FIRST NAME

LAST NAME

STREET ADDRESS

CITY

STATE

ZIP CODE

GENDER

AGE

DATE OF BIRTH

PHONE #

EMAIL ADDRESS (OPTIONAL)

SHIRT SIZE*

☐ S

☐ M

☐ L

☐ XL

* shirts limited to first 1,200 participants. sizes not guaranteed

REGISTRATION PRICING

☐ Received before May 1st **\$20.00**

☐ Received between May 1st to June 6th **\$25.00**

☐ Received between June 7th to July 7th **\$30.00**

☐ Last Minute Registration on July 8th **\$35.00**

☐ Fort Wayne Running Club Member **- \$2.00**

WAIVER: I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, and animals are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fort Wayne Running Club, Three Rivers Festival, the City of Fort Wayne and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

PARTICIPANT SIGNATURE

DATE

PARENT OR GUARDIAN SIGNATURE

DATE

RACE HISTORY CHAMPIONS

MALE

1995	Kyle Baker, IN	15:34	3 mi
1996	Kyle Baker, IN	15:08	
1997	Mike McManus, IN	16:08	
1998	Jay Zarins, 25	15:37	
1999	Ron Sharp, 33 IN	15:47	
2000	Mike Cole, 25 IN	15:29	
2001	Gabriel Rop, 29 IN	15:19	
2002	Bret Grover, 19 IN	15:20	
2003	Casey Shafer, 22 IN	11:57	4 km
2004	Kaleb Van Ort, 20 IN	15:03	
2005	Eric Ade, 26 IN	15:15	
2006	Matt Blume, 24 IN	15:09	
2007	Craig Leon, 22 OH	14:55	
2008	Brennon Plotner, 23 IN	15:32	
2009	Craig Leon, 24 OH	15:10	
2010	Nicholas Johnson, 24 OR	14:57	
2011	Dustin Spanbauer, 22 IN	14:43	3 mi
2012	Hunter Paris, 27 IN	15:15	
2013	Alex Cushman, 20 IN	15:05	
2014	Ryan Kienzle, 28 OH	14:59	
2015	Alex Cushman, 22 IN	14:55	

FEMALE

1995	Renee Peck, OH	18:01	3 mi
1996	Kim Lubbenhusen, IN	19:11	
1997	Molly Widmann, 16 IN	19:08	
1998	Molly Widmann, 17 IN	18:41	
1999	Anne Duff, 34 IN	19:15	
2000	Bonnie McCray, 36 IN	18:36	
2001	Susan Barth, 20 IN	17:42	
2002	Monica Hostetler, 25 IN	16:45	
2003	Alissa McKaig, 17 IN	13:55	4 km
2004	Adele Mitchell, 17 IN	18:18	
2005	Alissa McKaig, 19 IN	18:00	
2006	Kathryn Morrical, 18 IN	18:06	
2007	Ashley Ritchey, 22 IN	17:36	
2008	Beth Herndon, 22 IN	17:34	
2009	Crystina Ridenour, 22 IN	17:17	
2010	Lauren Johnson, 23 OR	17:39	
2011	Crystal Reichert, 24 IN	16:49	3 mi
2012	Crystina Ridenour, 25 IN	17:40	
2013	Samantha Ginther, 22 IN	17:16	
2014	Ashley Ade, 29 IN	17:54	
2015	Hannah Hoffman, 24 IN	17:35	

SPONSORS

This event is made possible by the generous sponsorships of the following organizations:



PRESENTS
22ND ANNUAL



JULY 9, 2016
8:00AM

Kicks off the annual
Three Rivers Festival Parade!

LINCOLN FINANCIAL EVENT PAVILION
HEADWATERS PARK, FORT WAYNE, IN

